

In the Bond
Associate Member Counselor Facilitation Guide



**SESSION TWO: DELTA CHI'S HISTORY AND OUR CAMPUS
COMMUNITY**

HOW TO READ **THIS GUIDE**

| SECTION TITLE HEADER WILL GO HERE ## MINUTES | |
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| LEARNING OBJECTIVES FOR EACH SESSION WILL BE LISTED IN THE FIRST BOX | Each session begins with the following in the top boxes: <ul style="list-style-type: none">◦ Room Setup - how the room should be set up for each session, including any items you need to prepare in advance◦ Supplies - the items needed for each session◦ Time - each header will include the estimated time it will take to complete the section. It may be helpful for you to add in your own start/end times depending on your meeting schedule. |
| GUIDE MATCH Anything listed below this heading indicates that the AMC should direct AMs to reference or complete an activity in their workbook page | <i>AMC Notes are in red, bold, italicized text. These are instructions and information for you as the AMC and should not be read out loud.</i> <ul style="list-style-type: none">• AMC scripts items are in plain text with a bullet point. While an Associate Member Counselor is discouraged from reading directly from the guide to participants, they should do their best to stay close to the text and spirit of the curriculum. |

AMC SESSION **NOTES + REFLECTIONS**

At the end of each session, there will be a text box available for you to make some notes about the strengths of the session and opportunities for improvement, along with some guided questions to consider. Use this space after each session to improve facilitation and note ideas for the future - this will also be helpful for you to reference and then respond to the IHQ feedback survey!

WEEK ONE | SESSION 2

DELTA CHI'S HISTORY AND OUR CAMPUS COMMUNITY 60 MINUTES

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| <p>LEARNING OBJECTIVES</p> <p>Participants will be able to...</p> <ul style="list-style-type: none"> • Understand the origins and evolution of fraternal organizations • Reflect on Delta Chi's founding and history • Identify the current makeup of their chapter/provisional chapter and campus fraternal community | <p>ROOM SETUP</p> <ul style="list-style-type: none"> • Tables/desks with chairs for each participant - a classroom on campus that is centrally located is appropriate. • If choosing to utilize slide decks, a projector and screen or large TV screen should be included in the space. <p>SUPPLIES</p> <ul style="list-style-type: none"> • Associate Member Workbooks (printed or digital) • If using printed workbooks, writing utensils should be provided • Associate Members should bring their <i>Cornerstone</i> to the meeting • Schedule of Dues & Payment Deadlines (printed or sent digitally by the "D") |
| <p>WELCOME AND INTRODUCTION 10 MINUTES</p> | |
| <p>FACILITATOR TALKING POINT</p> | <p><i>AMC Note: Make sure to take attendance, if required by your chapter.</i></p> <ul style="list-style-type: none"> • Welcome back everyone! We are going to get started with sharing the drafts of your personal life mottos that was part of your Call-to-Action worksheet from the end of our previous session. To get things started, I want to share one that I've drafted with you, and why it is meaningful to me. <p><i>AMC Note: You should come to this session with your own personal life motto to share, or one that you may have previously developed. This is to help model expectations with AMs.</i></p> |
| <p>ACTIVITY INSTRUCTIONS</p> <p>GUIDE MATCH CALL TO ACTION: PERSONAL LIFE MOTTO: PAGE 11</p> | <p><i>AMC Note: All AMs should be invited to share the personal life motto they have drafted. If someone has not been able to get a final phrase together, encourage them to share a meaningful quote or inspirational phrase and why that is important.</i></p> <p><i>AMC Note: For larger AM classes, you may need to have them share in small groups instead. The importance is that everyone gets a chance to share their motto and the reason for its meaning.</i></p> <ul style="list-style-type: none"> • Thank you for sharing - this motto is going to help serve as some inspiration for the personal development plans that you will be drafting and developing during your onboarding. • Delta Chi also has a motto, "Leges," that can be seen on the banner of our coat of arms and means "Law." Just as Delta Chi has a guiding motto and founding values, your personal life motto can help guide your behavior and leadership in this brotherhood. |

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| TRANSITION | <ul style="list-style-type: none"> We are going to spend some time looking at the founding of the organization and understanding its history, as well as the history of all fraternities and sororities to provide context for the rest of our session. |
| HISTORY OF FRATERNITIES, SORORITIES, AND DELTA CHI 25 MINUTES | |
| FACILITATOR TALKING POINT | <ul style="list-style-type: none"> The bulk of today's session is not just about memorizing dates or names. It's about understanding the legacy we inherit and how our chapter plays a role in that story. You are joining a tradition that spans centuries and helped to shape North American higher education. Today, we're exploring where fraternities and sororities came from, why they were created, and how Delta Chi fits into that bigger story. We need to give you some context on that history and that of Delta Chi in general, and we have a useful tool to help share that overview. |
| ACTIVITY INSTRUCTIONS GUIDE MATCH CHAPTER ONE SUMMARY: PAGE 12 CHAPTER TWO SUMMARY: PAGE 12 GUIDE MATCH DELTA CHI'S ROOTS AND THE HISTORY OF DELTA CHI: PAGE 13 | <ul style="list-style-type: none"> Please look at your <i>Cornerstone</i>. You should have come to this session with Chapters 1 and 2 already reviewed, and there is some space for you to make notes about these summaries in your workbook. Can someone summarize those chapters for us? <p>AMC Note: Make sure the following points are shared if not provided in the summary given by AMs:</p> <p><i>It's outlined in the first chapter that Delta Chi is not just a college organization, but a lifelong commitment to friendship, personal growth, and living out our values. It's about developing a brotherhood that is grounded in mutual trust, support, and accountability. Members are encouraged to live lives of significance by upholding Delta Chi's Four Cardinal Principles.</i></p> <p><i>The second chapter showcases how fraternities began in the late 1700s as secret societies devoted to intellectual discussion and moral development. Greek-letter organizations evolved to meet the changing needs of students, emphasizing scholarship, leadership, community, and ritual. Today, fraternities and sororities are diverse communities of members who uphold shared values across campuses.</i></p> <ul style="list-style-type: none"> Our chapter sets the foundation for why we do what we do, and Delta Chi's history should not be seen as a disconnected story but instead provide an origin story to the value-driven brotherhood that you have now joined. As you can see from these two chapters of the <i>Cornerstone</i>, there are some things that are still the same, but many things have changed to adapt to the current environment we live in and to be reflective of the needs of members. Now, we are going to continue with reviewing some pieces from the <i>Cornerstone</i>, and give everyone a chance to teach one another about important aspects of Delta Chi. We will be dividing into three groups and reviewing Chapters Three and Four of the <i>Cornerstone</i> together. Each of you will be assigned a topic to review and prepare a short three-minute lesson that you will teach back to everyone else. You'll see that there are places for you to make notes of the key takeaways for these sections in your workbook. Group 1, you'll be talking to us about Sir Edward Coke (pronounced Cook). Group 2, please give an overview on the founding of the Delta Chi Fraternity. Finally, Group 3, you'll need to cover Delta Chi's symbols: Name of the Fraternity and the Badge, the Ritual, the Emblem. |

- For each group, you'll see there's some prompt questions in your workbook on what you'll need to present and provide as an overview. Make sure that you identify someone to write down all the responses and determine how you will present the information to everyone else!

AMC Note: You can have AMs count off by three to get in their groups or assign them in another way. Depending on the number of Associate Members, you may need to assign multiple groups to cover each section. Give them about six to eight minutes to read their section, complete their part of the workbook, and determine how they will present their assigned section to the rest of the group.

- Group One, can you please share with us what you learned about Sir Edward Coke? Who was he, and why was he important to Delta Chi? Everyone else, be sure to take some notes as they present.

AMC Note: If these points are not made, be sure to emphasize the following: Sir Edward Coke (1552–1634) was an English jurist and legal scholar who championed the rule of law, individual rights, and judicial independence. He laid foundational principles for American constitutional law and personal liberty. Coke was not a member of Delta Chi, but instead the Fraternity adopted Coke as its “spiritual founder” because of his legal legacy and commitment to justice. This symbolic inclusion connects Delta Chi to a centuries-long tradition of justice and ethical law.

- Thank you! Group Two, talk to us about the founding of Delta Chi. Where and when was Delta Chi founded? Why was Delta Chi created at that time?

AMC Note: If these points are not made, be sure to emphasize the following: Delta Chi was founded on October 13, 1890, at Cornell University by 11 law students. Originally established as a professional law fraternity, Delta Chi was created with the aim of promoting high standards of scholarship and ethical conduct in the legal field. This founding was driven by a desire for community and support among peers in a rigorous academic program, something that's still relevant today.

- Group Three, what do we need to know about the Fraternity symbols highlighted in this section of the Cornerstone? What do they mean, and how do they showcase and reinforce our values?

AMC Note: If these points are not made, be sure to emphasize the following: These are all symbols that are used by Delta Chi to represent things that we as members care about.

- The Name: “Delta Chi” likely reflects classical naming traditions; the Greek letters don’t stand for public acronyms, but carry meaning revealed in Ritual.

- The Badge: Gold, with the letters ΔΧ and black enamel, symbolizing honor and commitment. It’s worn only by initiated members.

- The Ritual: A private, values-based ceremony that defines what it means to live as a Delta Chi and where other symbolic meaning is revealed.

- The Emblem (Coat of Arms): Features significant imagery, including the scales of justice and martlets (birds), connecting to values of fairness and personal growth.

- Thank you all for sharing. You'll see that there are other symbols listed at the bottom of this page, including the Martlet; the Knight; our flower: the White

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| | <p>Carnation; and our colors: Red and Buff. The reasons behind all of these are shared in our ceremonies.</p> <ul style="list-style-type: none"> • Later in this chapter, if you want to continue to read, you'll learn a bit more about the expansion of the Fraternity to other campuses from Cornell and the first major changes in Delta Chi in its early history. • One important note is the decision made in 1922 to transition into a general social fraternity to reflect broader values and the opportunity for an expanded membership base. This decision set up the Fraternity to function as it currently exists and operates today. |
| DEBRIEF | <ul style="list-style-type: none"> • What did you already know about Delta Chi's history? What about fraternity history in general? • What did you learn that surprised you? • What do you think this says about how our values and history have endured? • What role do fraternities serve today that might differ from their founding? • Why does Delta Chi exist now, on our campus, today? |
| TRANSITION | <ul style="list-style-type: none"> • Fraternities come from a rich history, and it's important for you to understand those origins, but especially to know the "why" behind Delta Chi. • We want to maintain that Delta Chi adds value to our college campus, and it is on us as members to ensure that the chapter continues to operate and enhance the student experience for our members. |
| OUR CHAPTER AND COMMUNITY 20 MINUTES | |
| FACILITATOR TALKING POINT | <p><i>AMC Note: It may be helpful to invite a campus fraternity/sorority advisor or student activities staff member to help co-lead this section or share an overview of the full scope of organizations and history of groups on campus.</i></p> <ul style="list-style-type: none"> • Now that we have had a chance to review the history and founding of Delta Chi, it's important to discuss the history and founding of our chapter, as well as our campus community. |
| ACTIVITY INSTRUCTIONS GUIDE MATCH OUR CAMPUS COMMUNITY: PAGE 14 GUIDE MATCH OUR CHAPTER INFORMATION: PAGE 14 | <ul style="list-style-type: none"> • When you chose to accept your bid to join Delta Chi, you were not just joining us, but you were joining a larger history of fraternal organizations on our campus. First, we want to spend some time discussing the overall picture of our campus community. Look at your workbook and find the "Our Campus Community" page. • You'll have about six minutes to look up this information together and fill out the "Our Campus Community" information at the top half of this page. <p><i>AMC Note: Once they have completed the first half of the workbook page, you will need to make sure you have this information available to provide (if a campus advisor is not available to assist). You will need the names of all the councils (ex. Interfraternity Council, National-Panhellenic Council / "The Divine Nine," Multicultural Greek Council, Inter-Greek Council, and/or Panhellenic Association), as applicable, on your campus and how many organizations are in each council. You'll need to also list when the first organization started on campus, major campus traditions (ex. Greek Week), and the name and office location of your campus fraternity/sorority advisor.</i></p> <ul style="list-style-type: none"> • Now that we've given some context to our campus community, we want to spend some time doing the same thing for information about our chapter. You can now work through the bottom half of this page. Again, you'll have about six minutes to look up this information together. |

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| | <p>AMC Note: Once they have completed the second half of the workbook page, you will need to make sure you have this information available to provide including your chapter designation, founding/chartering date, any applicable reasons your chapter may have closed and been re-founded, and some major chapter milestones/accomplishments (ex. Years of housing, major philanthropy events/fundraisers, awards you've won on campus or within Delta Chi).</p> <ul style="list-style-type: none"> • Thank you for spending this time reviewing this information. Let's debrief this section together. |
| DEBRIEF | <ul style="list-style-type: none"> • Why is it important to acknowledge our community and chapter history? • What did you learn about the makeup of the community or the chapter that you did not know about before? • How does this impact your perception of where Delta Chi fits into the community overall? |
| TRANSITION | <ul style="list-style-type: none"> • Understanding how our chapter fits into the larger picture of our community, and the history of Delta Chi and fraternities and sororities in general is an important step towards understanding the deeper meaning of being a member of the organization. |
| REFLECTION AND WRAP UP 5 MINUTES | |
| FACILITATOR TALKING POINT | <ul style="list-style-type: none"> • This first week has hopefully given you a solid foundation into what you can expect with Delta Chi, and what we expect from you. • Being a member of a fraternity means joining something bigger than yourself and being a positive representative of the organization as you make this lifetime commitment. |
| <p>TRANSITION</p> <p>GUIDE MATCH CALL TO ACTION: BUILDING MY HOUSE: PAGE 15</p> <p>GUIDE MATCH TASK OUTLINES: PAGES 2-3</p> | <ul style="list-style-type: none"> • This week has been about focusing on the first cardinal principle of Delta Chi: promoting friendship. I encourage you to find more ways to connect with our members and get to know them on a deeper level. • As we head into next week, we will be focusing a bit more on developing character, and what that means to be a values-based leader. • Before our next session, you will need to complete the Call to Action pages in your workbook about "Building My House," which will help get you started on our conversations next week. • We will ask that you get started on your Tightrope learning modules, which need to be completed before our chapter is able to take some administrative next steps with IHQ. These should take you about two hours total to complete and should be done by Week 3. • Let's end this session by singing the Bond Song. <p>AMC Note: After this session you should ensure that you or your "E" has reached out to invite any alumni or panelists for session nine's "Leadership in Action" panel. If you can't have chapter alumni come in person or virtually, it is recommended that you reach out to IHQ's Director of Alumni Engagement & Relations for support.</p> |

AMC SESSION 2 **NOTES + REFLECTIONS**

- What went well during this session?
- What unexpected challenges came up?
- How did the group respond to the teambuilder and discussion?
- What feedback did I receive from participants (verbal or nonverbal)?
- What would I improve about this session in the future?
- Did I meet the session's learning outcomes? Why or why not?