

**In the Bond**  
**Associate Member Counselor Facilitation Guide**



**SESSION ONE: BUILDING BROTHERHOOD AND  
UNDERSTANDING EXPECTATIONS**

# HOW TO READ **THIS GUIDE**

SECTION TITLE HEADER WILL GO HERE   ## MINUTES	
<b>LEARNING OBJECTIVES FOR EACH SESSION WILL BE LISTED IN THE FIRST BOX</b>	Each session begins with the following in the top boxes: <ul style="list-style-type: none"><li>◦ <b>Room Setup</b> - how the room should be set up for each session, including any items you need to prepare in advance</li><li>◦ <b>Supplies</b> - the items needed for each session</li><li>◦ <b>Time</b> - each header will include the estimated time it will take to complete the section. It may be helpful for you to add in your own start/end times depending on your meeting schedule.</li></ul>
<b>GUIDE MATCH</b> Anything listed below this heading indicates that the AMC should direct AMs to reference or complete an activity in their workbook page	<i><b>AMC Notes are in red, bold, italicized text. These are instructions and information for you as the AMC and should not be read out loud.</b></i> <ul style="list-style-type: none"><li>• AMC scripts items are in plain text with a bullet point. While an Associate Member Counselor is discouraged from reading directly from the guide to participants, they should do their best to stay close to the text and spirit of the curriculum.</li></ul>

## AMC SESSION **NOTES + REFLECTIONS**

At the end of each session, there will be a text box available for you to make some notes about the strengths of the session and opportunities for improvement, along with some guided questions to consider. Use this space after each session to improve facilitation and note ideas for the future - this will also be helpful for you to reference and then respond to the IHQ feedback survey!

# WEEK ONE | SESSION 1

## BUILDING BROTHERHOOD AND UNDERSTANDING EXPECTATIONS 60 MINUTES

<p><b>LEARNING OBJECTIVES</b></p> <p><b>Participants will be able to...</b></p> <ul style="list-style-type: none"> <li>Define what brotherhood looks like in Delta Chi</li> <li>Understand chapter and Fraternity-wide expectations for membership</li> </ul>	<p><b>ROOM SETUP</b></p> <ul style="list-style-type: none"> <li>Tables/desks with chairs for each participant - a classroom on campus that is centrally located is appropriate.</li> <li>If choosing to utilize slide decks, a projector and screen or large TV screen should be included in the space.</li> </ul> <p><b>SUPPLIES</b></p> <ul style="list-style-type: none"> <li>Associate Member Workbooks (printed or digital)</li> <li>If using printed workbooks, writing utensils should be provided</li> <li>Associate Members should bring their <i>Cornerstone</i> to the meeting</li> <li>Schedule of Dues &amp; Payment Deadlines (printed or sent digitally by the "D")</li> </ul>
<p><b>WELCOME AND INTRODUCTION   15 MINUTES</b></p>	
<p><b>FACILITATOR TALKING POINT</b></p>	<p><b><i>AMC Note: Make sure to take attendance, if required by your chapter.</i></b></p> <ul style="list-style-type: none"> <li>Welcome everyone - congratulations on beginning your journey with Delta Chi and joining the brotherhood of a lifetime.</li> <li>Your Associate Member onboarding started with an official ceremony, which sometimes is referred to as the "pinning" ceremony, because it's when you receive your Associate Member pin and a copy of the <i>Cornerstone</i>.</li> <li>The purpose of our time together in these sessions is to prepare you for initiation into full membership, explore Delta Chi's four cardinal principles over the course of the next few weeks, and set you up for success by creating the first draft of your own personal development plan.</li> </ul>
<p><b>ACTIVITY INSTRUCTIONS</b></p> <p><b>GUIDE MATCH</b> COMMON GROUND: PAGE 4</p>	<ul style="list-style-type: none"> <li>We will always start each of our onboarding sessions with a teambuilder activity that not only helps us get to know each other better but will connect with the core lesson for the session.</li> <li>For this activity, we need to find some common ground with one another and build connections based on our shared interests.</li> <li>Find a partner and take three minutes to figure out three things you have in common - there's a place in your workbook where you can write these down.</li> </ul> <p><b><i>AMC Note: You should do at least three rotations - meaning Associate Members should talk to three (3) people each, and it should take about nine (9) minutes total.</i></b></p>
<p><b>DEBRIEF</b></p>	<ul style="list-style-type: none"> <li>What surprised you about this activity?</li> <li>What does this activity show us about finding connection?</li> <li>Why is it important for us to determine these common areas together?</li> </ul>
<p><b>TRANSITION</b></p>	<ul style="list-style-type: none"> <li>The main goal here is for us to continue to build connections early and get comfortable with each other. That is why we will always begin with an activity like this, and it will likely lead to more discussion later.</li> <li>Highlighting our common interests together is a step towards beginning to build brotherhood bonds with one another.</li> </ul>

PERSONAL VALUES EXPLORATION   20 MINUTES	
<b>FACILITATOR TALKING POINT</b>	<ul style="list-style-type: none"> <li>As we start our formal onboarding, it's important that we reflect on some of the tenants discussed during the Associate Member ceremony and the basic values and expectations of Delta Chi.</li> <li>You will get to know these pieces well, and we're going to really dive into those later in this session, but we want to start with some self-exploration.</li> </ul>
<b>ACTIVITY INSTRUCTIONS</b>  <b>GUIDE MATCH</b> VALUES SORT ACTIVITY: PAGE 5  <b>GUIDE MATCH</b> TOP THREE VALUES: PAGE 6	<ul style="list-style-type: none"> <li>We will begin with giving you an opportunity for some thoughtful reflection on your own personal values, so that we know what you bring to our team.</li> <li>Open your workbook and turn to the values sort activity page. You'll see a list of general "values" words. As you read through the words, consider what's important to you. What calls you to action? What excites you? What sparks your passion?</li> <li>You should not select things that you hope or aspire for but instead think about what's important to you at your core. You'll need to circle up to 10 value words that meet that standard.</li> </ul> <p><b>AMC Note:</b> Give about five to six minutes for AMs to review the list and make their ten (10) selections.</p> <ul style="list-style-type: none"> <li>Now that you have your top ten values list, we need you to narrow it down even more. Based on your top ten list, you need to consider which of these really define you and align with your actions. Take a few minutes and select your three core personal values and record those in your workbook.</li> </ul> <p><b>AMC Note:</b> Give about two to three minutes for AMs to select their top three values.</p> <ul style="list-style-type: none"> <li>Underneath the list of top three values, you'll see some reflection questions.</li> <li>Turn to some next to you and have a conversation about these questions, and then we'll discuss them together.</li> </ul> <p><b>AMC Note:</b> Give AMs a few minutes to share their responses in pairs before reviewing responses together as a group. The debrief questions are the same ones listed in the AM workbook. You can ask directly for responses, or ask things like "what is something unique you heard someone else say as a response?"</p>
<b>DEBRIEF</b>	<ul style="list-style-type: none"> <li>Where do these values come from?</li> <li>What do your values look like in action? <ul style="list-style-type: none"> <li>What are one or two behaviors that support your values?</li> <li>What's an example of a time when you were fully living this value?</li> </ul> </li> <li>What holds us accountable to our personal values?</li> </ul>
<b>TRANSITION</b>	<ul style="list-style-type: none"> <li>It's important for us to set a foundation of our own values, so that we can share how this is similar for Delta Chi.</li> <li>Delta Chi is a fraternity based on values, which come from our Ritual and give our common purpose for connection.</li> </ul>
DELTA CHI VALUES AND BASIC EXPECTATIONS   20 MINUTES	
<b>FACILITATOR TALKING POINT</b>	<p><b>AMC Note:</b> If your "BB" - Chapter Advisor or member of the Alumni Board of Trustees is present, it may be beneficial for them to lead this section of the conversation, as they can provide some additional examples of how they have utilized the values and expectations in their lives, and share why Delta Chi has been meaningful to them.</p>



	<ul style="list-style-type: none"> <li>• Thank you for your contributions and insight for this session. You are already helping to showcase the importance of building positive relationships based on values to strengthen Delta Chi.</li> </ul>
REFLECTION AND WRAP UP   5 MINUTES	
FACILITATOR TALKING POINT	<ul style="list-style-type: none"> <li>• We are going to wrap up this session with a few housekeeping items, which we will refer to as a “Call to Action” at the end of each session.</li> <li>• These will be things you may need to accomplish before our next meeting, or general reminders.</li> </ul>
TRANSITION	<ul style="list-style-type: none"> <li>• First, our chapter’s “D” has provided copies of the schedule of dues and payment deadlines. Please review those expectations and get the deadlines added to your calendar. If you have any questions, the “D” is going to be your best point of contact to get those answered!</li> <li>• I’m going to also show you quickly how to log into MyDChi and access the Learning Management System. You’ll need to make sure that you have access to the Tightrope online course before our next meeting.</li> </ul> <p><b><i>AMC Note: If you have a laptop available, demonstrate how to log into MyDChi.org and show how to click on the Learning Management System (LMS). This will only work for AMs if the “C” has properly registered all AMs prior to this meeting. If they can’t see Tightrope in their course catalog, they need to submit a ticket directly to the LMS Vendor, Plaid. This should be on the main page once they log into the LMS.</i></b></p>
<b>GUIDE MATCH</b> CALL TO ACTION: PERSONAL LIFE MOTTO: PAGE 11	<ul style="list-style-type: none"> <li>• Before our next session, you will need to complete the Call-to-Action pages about crafting a personal life motto. Part of your onboarding is going to be focused on creating a personal development plan and having a personal motto as a guiding mission statement will help set you up for success.</li> <li>• Finally, we will ask that you review the first two chapters in the Cornerstone - “Delta Chi - The Brotherhood of a Lifetime” and “The Greek Tradition.” If you’re lost on what you need to do, everything is included in your workbook on the “Task Outlines” page! If you haven’t done so already, you should also add in the date, time, and location for all our sessions, including the date for the initiation ceremony at the end.</li> </ul> <p><b><i>AMC Note: Add in any chapter or campus specific items that may be required as well (ex. Campus grade release form).</i></b></p> <ul style="list-style-type: none"> <li>• As the AMC, I am here to support you throughout your onboarding journey - please reach out to me and your fellow Associate Members and chapter members during this time as things come up, as communication will be key to our success and supporting one another.</li> <li>• Let’s end this session with singing the Bond Song - you can find the lyrics towards the back of your Cornerstone. I’ll start by teaching it to you, and you’ll have it fully by the end of our onboarding.</li> </ul> <p><b><i>AMC Note: After you go through teaching and singing the Bond Song, be sure to wait a few minutes for any other questions before AMs depart.</i></b></p>
<b>GUIDE MATCH</b> TASK OUTLINES: PAGES 2-3	

# AMC SESSION 1 **NOTES + REFLECTIONS**

- What went well during this session?
- What unexpected challenges came up?
- How did the group respond to the teambuilder and discussion?
- What feedback did I receive from participants (verbal or nonverbal)?
- What would I improve about this session in the future?
- Did I meet the session's learning outcomes? Why or why not?