



## Campus Assistance Program

The health and well-being of our members is of the utmost importance to Delta Chi. To assist our members in practicing good mental health, Delta Chi has partnered with the Campus Assistance Program (CAP) to recognize and combat struggles that might be interrupting your academic and personal life. This free and confidential service for Delta Chi members is provided by the Division of Health Management Systems of America and is a trusted partner of the Delta Chi Fraternity.

### HOW TO GAIN ACCESS

The Campus Assistance Program can be accessed around-the-clock through a Virtual Empowerment Platform. The Platform provides self-help resources, problem identification tools, articles and on-demand webinars. The curriculum can be accessed 24 hours a day, 7 days a week, 365 days a year at:

<http://caplife.hmsanet.com/>  
*username:* deltachi  
*password:* myresource

Telephone requests can be made to (866) 227-3834. When you call, you will be able to report suspected threats of harm to self or others. It is our hope that our members who might need this resource will take advantage of this opportunity and receive assistance to any hardship they might be experiencing.