





NAME:\_\_\_\_

# SECTION ONE PROMOTE FRIENDSHIP



#### TIME

105 minutes (should be completed in two parts)



#### **SUPPLIES**

- Associate Member Workbook
- **■** Cornerstone
- "Friendship" PowerPoint
- Marker(s)
- A list of the fraternities and sororities on your campus
- A list of expectations that the active members have of the associate members during their associate member process



#### **OBJECTIVES**

- 1) AMs will be able to articulate the value of promoting friendship and its importance to Delta Chi.
- 2) AMs will be able to explore the correlation between their life events and building brotherhood within the Fraternity.
- **3)** AMs will be able to identify fraternities and sororities that belong to the Greek community on their campus.
- **4)** AMs will be able to explain the expectations that the active members have of them during their time as an associate member.



#### **HOMEWORK/READING**

- Complete Personal Development Plan One
- Read Cornerstone Pages 2-53, 65-69, 72-79

# SECTION ONE PROMOTE FRIENDSHIP

# WHAT WILL I LEARN?

- 1) AMs will be able to articulate the value of promoting friendship and its importance to Delta Chi.
- 2) AMs will be able to explore the correlation between their life events and building brotherhood within the Fraternity.
- **3)** AMs will be able to identify fraternities and sororities that belong to the Greek community on their campus.
- 4) AMs will be able to understand the expectations that the active members have of them during their time as an associate member.

# WHAT SHOULD I BRING?

- AM Workbook
- Cornerstone

# HOW SHOULD I PREPARE?

- Complete Personal Development Plan One
- Read Cornerstone Pages 2-53, 65-69, 72-79

▶ What I need to prepare for this week:	

# SECTION ONE PROMOTE FRIENDSHIP



#### **FACILITATOR NOTE (1 MIN)**

Throughout your associate member process, we will discuss the four principal ideals or values of Delta Chi. These ideals are reflected in our preamble, which we strive to live by. The first of these values is promoting friendship.

■ Verbalizing our values allows us to recognize their importance and continuously reflect on their meaning. Our values are more than just words; they are formulated in a way of action. Rather than just valuing "friendship," the members of Delta Chi value "promoting friendship." This allows us to center our values in a way that promotes action, or living the values, rather than just having them.



#### **DEBRIEF (2 MIN)**

■ What is friendship?



#### **ACTIVITY (2 MIN)**

Ask a volunteer to read the definition of friendship in the workbook.



#### **DEBRIEF (3 MIN)**

- How can you promote friendship within our fraternity?
- Between our fraternity and other organizations on campus?
- In line with these four values, Delta Chi has 11 basic expectations, which can be found in the workbook. We are going to read through the expectations individually and discuss them as a group.



#### ACTIVITY INSTRUCTIONS (10 MIN)

■ Ask volunteers to read over the expectations and circle words that stick out to them.



#### **DEBRIEF (9 MIN)**

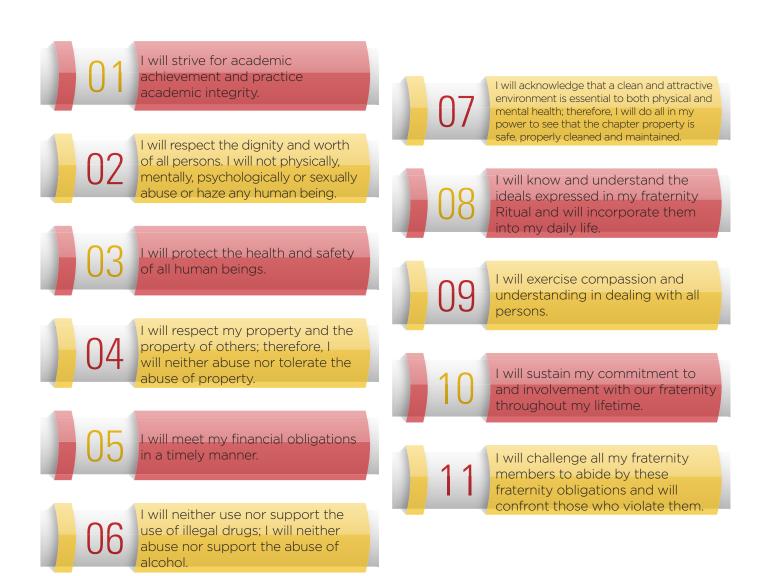
- What initial reactions do you have about the 11 basic expectations?
- Which expectations stick out to you and why?
- How does friendship play a role in living up to these expectations?
- There are two questions listed in the workbook. Ask participants to silently reflect on those questions and take notes as they see fit.

### PART 1 FRIENDSHIP DEFINED

Delta Chi exists to promote friendship in its members. The friendships formed during your undergraduate years are relationships that will last far beyond graduation. Delta Chi was founded on the principle of bringing together men of similar interests to work towards a common good. This doesn't mean that men in a particular chapter are just clones of one another, but rather that the common bond of personal development through brotherhood can motivate a group of men to accomplish great things. This close association of college and university men produces life-long friends.

► How do I personally define friendship?

# DELTA CHI'S ELEVEN BASIC EXPECTATIONS



# SECTION ONE PROMOTE FRIENDSHIP



#### **FACILITATOR NOTE (2 MIN)**

- We all strive for strong friendships, and brother hood is the next level. Brotherhood is like that of a family bond, one that is deepened over time and united together by lived experiences. You will make friends throughout your time in college, in classes, lab, other organizations, etc. However, brotherhood in Delta Chi is meant to be deeper. It goes beyond shared interests to a level of shared values, a stated commitment to being there through one and other, through the good and the bad.
- As you begin this journey of membership in Delta Chi, consider the differences between friendship and brotherhood. Friendship ultimately unites us all. As you continue through membership in Delta Chi, those friendships will deepen and strengthen, yielding the brotherhood that has survived for over a century. With friendship and brotherhood comes building trust and being vulnerable with one and other. Within Delta Chi, we value these relationships and the sense of belonging they give us here on campus.



#### **ACTIVITY** (10 MIN)

Instruct participants to find a partner and share their Personal Development Plan with them.



#### **DEBRIEF (5 MIN)**

AMC should provide these questions to guide the conversation.

- How did it feel to share this information with someone else?
- What is the significance of completing this activity and how does it tie into our purpose for being here?
- Why is understanding ourselves important to being a member of Delta Chi?



#### **FACILITATOR NOTE (1 MIN)**

With friendship comes trust and vulnerability, which we have just experienced. Friendship comes in many forms, and looks different for many people. In 1929, Delta Chi evoked our principal ideal of promoting friendship, and became the first fraternity to abolish "hell week" and remove hazing practices from the associate member process. Over 80 years late, Delta Chi remains strong on our anti-hazing stance as an organization.



#### ACTIVITY (8 MIN)

- Discuss the anti-hazing policy with the participants and ensure they understand it.
- Point out the questions listed on the workbook page.
- Discuss the options for reporting an alleged hazing incident.

# "...at the Estes Park Convention, Delta Chi unanimously voted to abolish 'Hell Week.'"

It is vital that all initiated members, associate members, and alumni understand that hazing is not exclusive to associate members. Delta Chi Law defines hazing as:

"...any action or situation created, whether on or off campus premises, which produces physical or mental discomfort, embarrassment, harassment, anxiety or ridicule, no matter how good the intent or end result is."

#### Whether the individual affected is an associate member or an initiated member is irrelevant.

Still confused? Ask yourself these questions:

- Would I feel comfortable participating in this activity if my parents were present?
- Would we get in trouble if a university staff member walked by?
- Am I being asked to keep these activities a secret?
- Am I doing anything illegal?
- Does participation violate my values or those of my organization?
- Is it causing emotional distress or stress of any kind to myself or others?

If you want to report hazing incident or suspected incident that is not immediately putting someone in danger, contact the Delta Chi International Headquarters via phone or email. This report can be anonymous and the headquarters staff are bound to confidentiality.

#### The Delta Chi International Headquarters

3845 N Meridian Street Indianapolis, Indiana 46208

Email: headquarters@deltachi.org or info@deltachi.org

**Phone**: (319)337-4811

► Notes

# SECTION ONE PROMOTE FRIENDSHIP



#### **FACILITATOR NOTE (1 MIN)**

Each member of our fraternity is to be treated with dignity and respect. Expectations, rooted in dignity, are an important part of this process. We, as members of Delta Chi want to be transparent and upfront with our expectations for you as an associate member of our fraternity. We also want to provide you with an environment where you can learn and develop into the best version of yourself.



#### **FACILITATOR NOTE (1 MIN)**

Expectations are a two-way street in our fraternity. We hope that this provided a clearer understanding of what is expected of you as an associate member, and also allowed you to communicate what your expectations are during this associate member process.

Recommended Break



#### **DEBRIEF (3 MIN)**

How do you see yourself as a valued and contributing member of this associate member class?



#### **ACTIVITY INSTRUCTIONS (5 MIN)**

- Share specific expectations that the active members have of the participants.
- Expectations should include expected time commitment (which should include attendance at specific events and meetings), financial commitment (including dues and payment options for dues), expectations regarding GPA's and study hours, etc.
- The list of expectations should be given in writing to the participants; they should also write them in their workbook.



#### **ACTIVITY INSTRUCTIONS (8 MIN)**

- Participants should then create a list of their expectations for the active members, this process, and the fraternity. Some examples can include:
  - "I expect to be treated with respect during this process"
  - ◆ "I expect to gain leadership skills"
  - ◆ "I want to meet new people outside of Delta Chi"
  - "I hope to feel a sense of belonging/ brotherhood/etc."
- These expectations should be written and given to the Associate Member Counselor so that they can share them with the chapter. Participants should write these expectations in their workbook.

Notes

# **PART 2 UNDERSTANDING EXPECTATIONS**

▶ How do you see yourself as a valued and contributing member of the Associate Member class?

My Expectations	What Others Expect out of Me
Example: "I expect to gain leadership skills." "I want to meet new people outside of Delta Chi."	Example: "Others expect me to become a leader."
► Notes	

# SECTION ONE PROMOTE FRIENDSHIP



#### **FACILITATOR NOTE (2 MIN)**

You had a chance to read through some of Delta Chi's history prior to coming to today's meeting. We have the opportunity to continuously contribute to the history of fraternities and sororities through our involvement in our Greek community at XYZ university/college. In order to learn more about our local Greek community, we are going to complete a short activity.



#### **ACTIVITY INSTRUCTIONS (10 MIN)**

- Give the group 5 minutes to individually (or with a partner) create a list of all the fraternities and sororities they know of on your respective campus.
- After 5 minutes, share the list of all organizations on your campus. You should acknowledge the different governing councils that are represented on your campus.
- At the conclusion of sharing the list, have each group/individual share how many they got correct. Give recognition to the individual/group who got the most correct.



You should have a list of the fraternities and sororities on your campus prior to this activity in order to provide accurate information to your associate members. Please make sure to include organizations for all respective governing councils on your campus (IFC, PHC/PHA, NPHC, MGC/UGC, NAPA, NALFO, Locals, etc.)



#### **DEBRIEF (4 MIN)**

- What new things did you learn as a result of this activity?
- What are some ways we can promote friendship within our Greek community?



#### **ACTIVITY INSTRUCTIONS (5 MIN)**

■ The AMC should go through the questions and provide answers to those that the AMs might not know.

# **PART 3 OUR LOCAL FRATERNITY & SORORITY COMMUNITY**

Consider the fourth basic expectation of Delta Chi when answering these questions.

I will respect my property and the property of others; therefore, I will neither abuse nor tolerate the abuse of property.

▶ Who is the campus Fraternity/Sorority Life Advisor and where can I find them?
▶ What are the important community-wide events and activities that fraternities and sororities participate in annually?
▶ Notes

# SECTION ONE PROMOTE FRIENDSHIP



#### **FACILITATOR NOTE (1 MIN)**

Our chapter/colony operates in large part because of our executive officers. Leadership opportunities are a unique way for our members to develop their skills and be more confident in their leadership abilities.



#### **ACTIVITY INSTRUCTIONS (5 MIN)**

 Discuss the executive officer structure and expectations for holding an officer position.
 Make sure to include current members who hold these positions.



#### **FACILITATOR NOTE (1 MIN)**

■ Outgoing officers will host a transition retreat with new officers and ABT board members. These transitions must occur immediately following chapter elections to maintain the long-term success of the chapter. Delta Chi mandates that officers should maintain a GPA of at least 2.65 on a 4.0 scale.



If your chapter or colony has additional requirements, please make sure to include them in the discussion.

- If an officer fails to maintain the required grade point average, his office shall become vacant, unless the Alumni Board of Trustees of the chapter, by a two-thirds (2/3) vote, allows the officer to complete his term.
- To hold office, a member shall be a full-time student, as defined by the host institution for that chapter. Any additional requirements for your chapter or colony should be discussed during this time.

# PART 4 CHAPTER / COLONY FOUNDING

RT 5 CHAPTER / COLONY OFFICER STRUCTURE  ach undergraduate Delta Chi chapter is governed by executive officers consisting of the "x 3", "C", "D", "E", and "F". In the case of colonies, Founding Fathers will apply for various positions ar ite resident consultant will appoint or hold elections based on time. Beyond the initial semester, planies will elect officers once a year.  Letter Position  "A"  "B"  "C"  "D"  "E"  "F"  "F"  Colonia a leadership position in Delta Chi can provide opportunities for development and growth. The solitions contribute to our chapter by allowing us to operate more effectively and in congruence wi ur values. We encourage everyone to consider holding a leadership position during their time as active member in the chapter. We hope that it will provide you with encless opportunities to be a bett udent, leader, and ultimately a better member of the Fraternity.  Notes	Founding/Cha	rter Date:
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# SECTION ONE PROMOTE FRIENDSHIP



#### FACILITATOR NOTE (3 MIN)

An important part of the Associate Member Program is the Big Brother/Little Brother Program. The relationship between a Big Brother and a Little Brother begins through this process, and will span over your time as an active and alumni member. The Big Brother should not only see that his Little Brother initiates, but that he has a positive, and strong collegiate experience. To ensure this experience is fulfilling for both the Little Brother and the Big Brother, the following criteria should be adhered to for the Big Brother/Little Brother Program.



More information on the Big Brother/Little Brother Program can be found in the AMC Manual.



#### **ACTVITY INSTRUCTIONS (8 MIN)**

- Have the participants read the responsibilities in the workbook and be sure they understand the purpose of the relationship.
- Participants should answer the first question on the workbook page. Use the remainder of this time to discuss how the selection and matching process will happen. You should include dates and locations of the events/ activities.



#### CLOSING (5 MIN)

- Each participant should participate in a quick 'Cornerstone Pass' where he gives a quick shoutout to a fellow participant or active member of the fraternity.
- Thank the participants for participating in today's meeting and remind them of upcoming events and expectations (homework).
- Use the remainder of this time to answer any questions.
- Close with singing the bond song.

# PART 6 THE BIG BROTHER/LITTLE BROTHER RELATIONSHIP

An important part of the Associate Member Education Program is the big brother/little brother program. Though introduced during this process, the relationship between a big brother and a little brother lasts much longer than the Associate Member Education period.

What are you looking for in a Big Brother?	

#### **Big Brother Responsibilities**

- Assist the Little Brother's social adjustment.
- Act as a sounding board when needed and report his Little Brother's progress to the chapter's Associate Member Counselor when necessary.
- Ensure his Little Brother understands and fulfills the requirements for both initiation and membership (GPA, campus involvement, involvement within the chapter, etc).
- Attend and participate in all activities that require Big Brother attendance.
- Adhere to expectations of a Big Brother set forth by the International Fraternity.

#### **Little Brother Responsibilities**

- Don't select a best friend, but instead an ideal person to emulate.
- Meet with his Big Brother at least once a week
- Request continued involvement from his Big Brother.
- Discuss any difficulties or problems with his Big Brother.
- Use his Big Brother as a link for Fraternity, academic, and social information.
- Expect his Big Brother to perform the responsibilities listed above.
- ► How do you think Delta Chi's Ritual can strengthen the bonds of brotherhood?